QQC Assignment

Brett Taylor

EDUC 634- Motivation and Achievement
University of Northern British Columbia
Dr. Shendah Benoit
Aug 8/24

Citation	Question	Quote	Comment
Hattie, H., Hodis, F.A., Kang, S. (2020) "Theories of Motivation: Integration and Ways Forward." Contemporary Educational Psychology 61,1-7 https://doi.org/10.1016/j.cedpsych.2020.101865	What is the most impactful facet of motivation? What is more important to the individual: intrinsic or extrinsic?	"Motivation is a function of the feedback learners receive as they work on a task; specifically, as they make progress (or not)."	I feel that positive feedback is an extremely important way to initiate a learner into a task with extrinsic forces (motivation), however if done effectively it can lead learners towards their own personal interests and instill a drive for intrinsically motivated tasks and as a motivator for growing knowledge and mastery.
	How do educators create the initial building blocks and interest so learners can feel excited and enthusiastic about new content that they engage with?	"Learners who feel efficacious about learning are apt to engage in cognitive and behavioral activities that improve their learning such as setting goals, using effective learning strategies, monitoring and evaluating their goal progress, and creating effective physical and social environments for learning."	This is where the skills and creativity of educators are often put to the test. To effectively engage students while simultaneously adhering to learning standards and content requirements, teachers have to effectively try to engage and connect with learners to ensure buy-in. I believe teachers can develop this engagement with their students by ensuring positive relationship and connection.
Heckhausen, J., & Heckhausen, H. (2018) In J. Heckhausen & H. Heckhausen (Eds.), <i>Motivation and Action</i> (pp.1-14). Springer International Publishing. https://doi.org/10.1007/978 -3-319-65094-4_1	How/when do individuals introduce the idea of avoidance, whether it is in the mastery or performance avenues?	"organisms are motivated to engage in behaviors that produce contingent effects (e.g. baby smiles, mother vocalizes).	Heckhausen's (2018) claim that "a person's motivation to pursue a certain goal is determined by situational stimuli" could, I believe, be extended to the concept of avoidance as well. Meaning that individuals are

	How affected are the motivation(s) of individuals by their surrounding environments? Is there a way to quantify the influence of outside pressures?	"An individual's motivation to aspire to a certain goal is influenced by person factors and by situation factors, including the anticipated outcomes of actions and consequences."	motivated to receive certain stimuli, or subsequently avoid certain stimuli by conducting themselves in a certain manner, often from a very young age. le. young children looking for praise from caregivers, while simultaneously avoiding disappointment/discipline from parents. This quote directly corresponds with the work by Eccles and Wigfield (2020) highlighting their research on expectancy-value theory. In short, individuals typically pursue a task only if they expect to complete it in some way. Very rarely do students/learners attempt a task if they do not believe that they can accomplish it.
Eccles, J.S., & Wigfield, A. (2020) "From expectancy-value theory to situated expectancy-value theory: A developmental, social cognitive, and sociocultural perspective on motivation." <i>Contemporary Educational Psychology</i> 61, 1-13. https://doi.org/10.1016/j. cedpsych.2020.101859	How can we greater engage our reluctant students in challenging activities, and promote their beliefs in themselves to foster a greater expectation of academic success?	Eccles et al. "argued that every activity or task has costs as well as benefits and that individuals will avoid tasks that cost too much relative to their benefits, particularly when compared to alternative tasks with a higher benefit to cost ratio."	The idea that cost and benefit are relative, connects to my own personal experiences working through grad school. Meaning that if I did not believe that the long-term benefits, including increased compensation, job opportunities, and increased technical knowledge outweighed the costs of decreased family time, and additional workload etc., then it would make no sense to pursue this academic venture.

	Does the utility value of a task have a limitless ability to influence whether a person attempts to complete a task? le. Will an individual attempt to complete a difficult/strenuous/dangerous task no matter the	"One interesting aspect of this work to us was the choice to focus on utility value as the aspect of task value on which to interveneutility value is the most malleable of the task value components, and so most likely	Since I do believe that the benefits outweigh the costs however, then it makes sense to pursue this task. I believe that the relative significance of utility value is particular to each individual. While there may be an inherent value that outweighs the costs in each task, it is ultimately up to each individual/learner whether
	cost, as long as it "is worth it?"	to change during interventions."	they deem it to outweigh the costs inherent to each task.
Wigfield, A. & Eccles, J.S. (2000) "Expectancy- Value Theory of Achievement Motivation." Contemporary Educational Psychology 25, 68-81. https://doi.org/10.1006/ ceps/1999.1015	What can educators do to instill confidence/self-belief in young students to override the inherent expectation/assumption of what they are 'good at?'	"Eccles et al. (1993) found that within the domains of math, reading, music, and sports, children's ability-expectancy beliefs and subjective values formed clearly distinct factors Even during the very early elementary grades children appear to have distinct beliefs about what they are good at and what they value in different achievement domains."	One of the most effective ways that educators can aid the expectancy value of tasks is to promote an atmosphere of growth mindset like that consistently promoted by Carole Dweck. By effectively doing so, it will promote an environment where learners can grow and not be typecast into the defined roles as a 'math guy/ math girl' or other labels which can limit a student's growth.
	Do educators/influential adults superimpose our beliefs on what students are capable of, rather than openly observing what	"In the model expectancies for success, ability beliefs, and the different aspects of tasks are proposed to be separate	Unfortunately, it is my belief that educators do sometimes superimpose restrictive assessments on learners,
	students 'real capabilities' are, regardless of development stage/age?	constructs. When studying young children, however, it is reasonable to ask if these	subsequently limiting their learning potential. Whether that is through assignments that are prescriptive to particular learning

		constructs indeed are distinct in children's minds.	types, or performance-based assessments that do not respect or recognize individual growth, we can often label and limit students unnecessarily.
Renninger, K.A., Hidi, S.E. (2022) "Interest development, Self- related information processing, and practice." Theory Into Practice 2022 61(1), 23-34. https://doi.org/10.1080/0040584 1.2021.1932159	Does the reward circuitry which Renninger speaks of refer to intrinsic or extrinsic motivation? Is this a performance-related drive or an individual's quest for concept mastery?	" learners in the earlier phases of interest development are likely to require the support of other people or the design of the environment, in the later phases, learners' own search for information has activated the reward circuitry and information search becomes rewarding."	I believe that extrinsic motivating factors are often necessary to introduce a task or content to a learner, which will subsequently lead to student engagement with a topic. More specifically, the teacher initiates a student to a concept through classwork, which lends to a student to become interested in content, hopefully lending towards an intrinsic drive towards mastery on their own.
	Can educators increase a student's relatedness to a topic and subsequently increase their competence and perceived autonomy surrounding a topic as well?	"(1) self-reference helps bind individuals' memories to their source, (2) increases their perceptual integration, (3) and once a personal association of the self to content is made, this is not likely to change; (4) self-referencing of this type influences individuals' decision making, and (5) increases interactions between brain regions."	Binding to a topic dramatically develops a learner's sense of relatedness and autonomy while simultaneously centering on a learner's sense of authenticity (Pajares, 2001). By allowing achievements to feel like they are truly deserved, and having others recognize them as well, a learner's perception of their own competence will develop significantly as well.

Krapp, A. (2002) "Structural and dynamic aspects of interest development: theoretical considerations from an ontogenetic perspective." Learning and Instruction 12, 383-409.	What is arguably the more important facet of generating interest in a topic? Is it the idea of turning a learner on to a completely different, new type of knowledge, or fostering a deeper investigation and mastery into a topic that a student already has a beginning/introductory knowledge in?	"Triggering interest describes an initial beginning phase of the psychological state of interest in which attention is increased and arousal generated in disengaged individuals. On the other hand, catching interest suggest that the interest that individuals already experience is being diverted towards the situation."	Chronologically, I believe that 'triggering of interest' must precede 'catching interest.' Triggering alludes to the exposure of new content and a wide scope of interests, while catching lends to more specific interests and narrowing down of content into a more specialized, specific scope.
	Is initial 'student buy-in' fully required to complete all tasks? Or is there a way that teacherstudent relationship can override this and create student investment?	" this idea is very close to Boekaerts' (1999) notion that an effective state of learning motivation can only be expected when a student interprets a 'learning opportunity' provided by the teacher as a 'meaningful learning episode.' Otherwise it is perceived as mere extrinsic task- fulfillment."	I concur with Boekarts' idea that connection and the subsequent meaning that educators can create for their students can effectively override a lack of student buy-in initially.
Ryan, R.M., & Deci, E.L. (2020) "Intrinsic and extrinsic motivation from a self-determination theory perspective: Definitions, theory, practices, and future directions." Contemporary Educational Psychology 61, 1-11. https://doi. org/10.1016/j.cedpsyc.2020.101 860	Are there significant discoveries/episodes of growth that could be solely attributed to facets of extrinsic motivation and extraneous/outside forces?	"intrinsic motivation is likely responsible for the preponderance of human learning across the life span, as opposed to externally mandated learning and instruction."	While I do not discount the idea that important discoveries have happened as a result/side-effect of mandated and assigned learning activities, I completely agree with the idea that significant discovery, and substantial growth, is more directly linked to intrinsically motivated individuals who are trying to improve their own knowledge/growth for the benefit of themselves or others without outside approval.

	How can widespread learning goals in education be transferred to mastery knowledge rather than continuing to adhere to performance-related outcomes?	"By fostering an accountability approach based on test outcomes, rather than supporting school reforms that are attentive to the psychological needs of teachers and students, education policies are compromising the quality of learning and instruction teachers can provide, especially for disadvantaged and ESL students."	By taking an achievement-goal theory lens, research finds that performance goals with a self-validation focus are associated with negative academic outcomes such as helplessness after failure, loss of self-worth, loss of intrinsic motivation and lower grades, when being compared to mastery-driven learning (Urdan & Kaplan, 2020). Subsequently, this poses the question: If we know that performance-related assessments do all these things, then why on Earth do we still use them and tout them so widely?
Ryan, R. M., & Deci, E. L. (2019). "Brick by brick: The origins, development, and future of self- determination theory." In A. J. Elliot (Ed.), Advances in Motivation Science (pp. 111–156). Elsevier Academic Press. https://doi.org/10.1016/bs. Adms.2019.01.001	Can the concepts of learner autonomy and extrinsic motivation coincide positively with each other, or are they too diametrically opposed to produce positive outcomes?	"OIT posits that factors in social contexts that support autonomy, competence, and relatedness facilitate the development and adoption of more autonomous forms of extrinsic regulation. In contrast, in environments where people feel controlled, incompetent, or alienated from socializers, internalization fares less well, and people remain prone to more controlled (external and introjected) forms of regulation."	I believe that learner autonomy and extrinsic motivation can coincide where educators have made authentic, concerted efforts to connect with their students and have invested significant time into building relationships. In instances where teachers have created balanced expectations and opportunities for student-choice with prescribed outcomes, extrinsic factors can balance positively with learner(s) choice of assignment, topic, and learning structure.

Do individuals have the ability to develop intrinsic motivation goals completely independently? Or does there need to be an extrinsic starting point, where the learner's own autonomy, competence and relatedness can take over at a later point?

"...analyses have indicated that the greater relative importance people place on extrinsic goals, the less their satisfaction of basic psychological needs and thus the less they experience well-being. They also report greater need frustration, accompanied by more signs of ill-being, such as symptoms of anxiety, stress, and depression. In contrast, placing greater importance on intrinsic goals such as growth and community has been associated with greater satisfaction of basic psychological needs, and enhanced well-being."

On a personal note, I feel that this assertion that extrinsic factors can lead to things like greater anxiety lends to a wide variety of developmental stages. As both a teacher and a student, I have seen and experienced visible signs of stress, test anxiety, and emotional shutdown. In situations where I was allowed to decide/design my own assignments and pick my own topics, the quality of my work improved, and I enjoyed a far-greater level of satisfaction in my studies.

Pajares, F. (2001) "Towards a Positive Psychology of Academic Motivation." *The Journal of Educational Research* 95(1), 27-35. https://www.jstor.org/stable/ 27542324 Can a transition away from performance-related assessment (ie. GPA) develop girl's belief in their authenticity surrounding content knowledge and mastery?

"Boys reported greater perceived authenticity than did girls, but academic achievement was associated positively with authenticity, and there was no significant interaction between gender and achievement on authenticity... Nonetheless, girls reported lower perceptions of authenticity even though their academic GPA was higher than that of the boys."

The relationship between perceived authenticity and actual competence is a very interesting one. Male students' overconfidence can sometimes inhibit their potential for growth as they already believe they 'know everything.' This idea seems to permeate through a number of individualist cultures and was a point highlighted in *The Boy Question* by Mark Roberts as well.

	What can educators in high- school and beyond to promote mastery and authenticity in their students when so many entrance requirements/ post-secondary programs are dependent on performance-related outcomes?	"The aim of education must transcend the development of academic competence. Schools have the added responsibility of preparing fully functioning and caring individuals capable of pursuing their hopes and aspirations. To do so, they must be armed with optimism, self-regard, and regard for others, and they must be shielded from doubts about the authenticity of their accomplishments. Teachers can aid their students by helping them to develop the habit of excellence in scholarship while nurturing the character traits necessary to maintain that excellence through their adult	Pajares (2001) espouses the idea of 'invitational theory' that the beliefs that persons develop about themselves and about others help form the perceptual lens through which they view the world. He continues that positive invitations convey the message that people are able, valuable, responsible and forgiving all sentiments that are direct results of when students feel competent, related to the world around them and being able to possess autonomy over the things which they wish to pursue.
Pedrotti, J.T. (2017). "The Will and the Ways in School: Hope as Factor in Academic Success." In M.W. Gallagher & S.J. Lopez (Eds.), <i>The Oxford Handbook of Hope</i> (pp. 107-116). Oxford University Press. https://doi.org/10.1093/oxfordhb/9780199399314.001.001	Is hope an indication of the significance of utility value in expectancy-value theory? Is the greater the perceived value of a task indicative of the possible hope that accompanies it?	"a hopeful student is able to conceive of a reasonable goal they would like to achieve (ie. having a future-oriented time perspective) and is planful (ie. able to intentionally use pathways) about the types of steps they take toward this particular goal, while being motivated (ie., possessing effort or agency) to move along those pathways, has a good chance of success."	I believe that hope is an essential component of utility value. While the perceived utility value of a task is an important component to overcoming the accompanying costs of a difficult process/task it requires an influence of hope to perceive the end result as superior or valuable for an individual to persevere through an assignment/task, etc.

How dramatic a change can an "Findings showed that high hope While I don't believe that there is educator truly make in was statistically most related to an effective way to predict or impoverished learning higher social capital (e.g., school, limit student potential, I found it environments? Can educators family, connectedness) and interesting that "high hope was educational capital (e.g., parent overcome difficult learning statistically most related to atmospheres entirely? Or is there education, etc.)...many of the higher social capital (e.g. school, a defined limit that educators will circumstances that make family, connectedness) and invariably meet? academic success difficult that educational capital (e.g. parent are described in impoverished education)." [Pedrotti, 2007] This, neighborhoods might not be able paired with inherent perceptions to directly influenced by the around utility value, as well as school environment... however, prospective cost surrounding tasks, does have a significant hope via social and educational capital can be affected within the influence on the development of school environment if care is individual's academic learning taken by teachers and and growth. administrators to bring this topic into the curriculum and school environment at large." Urdan, T., Kaplan, A. (2020) "The Can educators exceed any Often the dichotomy in "First, the idea that achievement Origins, Evolution and Future possible negative messaging from could mean different things to messaging between families and **Directions of Achievement Goal** different people offered a school can be extremely a student's peers, family systems Theory." Contemporary and housing environments? Are compelling framework for confusing for students. While Educational Psychology 61, 1-10. there any inherent individual studying motivation. Second, the positive communication from https://doi.org/10.1016/ student traits of achievement to idea that students' purposes for educators is undoubtedly pivotal j.cedpsych.2020.101862 allow some students succeed achieving could be influenced not in the development of learners, only by their own predispositions sociocultural theories, much like where others have not? but by messages in their school, those espoused by Barbara peer, and cultural contexts was Rogoff, stress that learning and also appealing, as it created achievement is influenced by a ...regarding the purpose of community holistically. As such, while educators and school school, issues of equity and inequity, and implications for environment can aid a learner policy and practice." dramatically, all parties involved

	What steps can be taken to 'de-	"For example, among students	must be working together to help students as much as possible. As "interest is a cognitive and
	westernize' individual achievement indicators and outcomes? Should there be a movement to more collectivist assessment where group work and compiled mastery carries more weight than individual, 'all or nothing' assessments?	from individualist cultures (e.g. European American), performing better or worse than others may have implications for how one feels about oneself. In comparison, in more collectivist cultures, the meaning of a performance goal may involve concerns with how one's performance relative to others will reflect on one's in-group (e.g. family), and performance goals may involve a more social meaning."	affective motivational variable that develops" (Renninger & Hidi, 2022) assessment should be able to develop in a similar way. Following competency-based assessment much like in the BC Curriculum should greatly aid this, but there is still much more than educators need to do, so as to not fall back into the assessment based solely on content and performance-based testing.
Elliot, A.J., Hulleman, C.S. (2017) "Achievement Goals." In Elliot, A.J., Dweck, C.S., Yeager, D.S. (Eds.), Handbook of Competence and Motivation: Theory and Application (pp. 43-60). Guilford Publications.	How feasible is it for teachers to effectively implement a TARGET framework into their everyday lessons? While effective to promote content mastery, how realistic is it to expect these parameters/ expectations of educators on a routine basis?	"research using this type of intervention is usually grounded in the TARGET framework Tasks in which students engage, the level of Authority given to students to guide their own learning, how students receive Recognition for their efforts, how students are Grouped while learning, how students are Evaluated, and the amount of Time given to students to learn."	The TARGET framework touted by Elliot et al. while very well developed and clearly laid out for implementation is significant. As a classroom teacher, I argue that it would be incredibly difficult to implement all of the ideas surrounding it simultaneously. As such, I feel that an effective starting point would be to focus on Authority—allowing students to pick their own assignments, and Recognition—celebrating the successes and hard work of students.

To have students effectively adopt a mastery-goal attitude, is it necessary for them to be exposed to that particular system at an early age? In other words, can students who have only been previously exposed to performance-type assessments adequately transfer and find the intrinsic motivation that is often required in order to be successful at mastery?

"... this type of intervention is usually grounded in either the dichotomous or the trichotomous achievement goal model, and the emphasis is on directly and explicitly trying to guide individuals toward mastery-based rather than performance-based goal pursuit... the mastery-based goal intervention (labeled 'learning goal orientation') defined learning goals as focused on improvement and skills development, and encouraged participants to adopt these goals, and reflect on their learning and progress."

As students/learners are shaped by the learning environments which they reside, I believe it would take significant time and investment to transition students from performance-based to mastery-based assessments. Younger learners who have only experienced mastery-based learning environments should not face significant challenges, but more mature students may face difficulties reconciling between mastery-based and performance-based assessment types.

Graham, S. (2020) "An
Attributional Theory of
Motivation." Contemporary
Educational Psychology 61,1-11.
https://doi.org/10.1016/
j.cedpsych.2020.101861

How do we better train/educate teachers to give effective feedback that is beneficial to all learners, including those that are particularly reluctant or discouraged?

"Social psychological research informed by attributional analyses suggest that feedback should be wise: It should be appropriately critical while also communicating high expectations, assurances that students have the requisite ability, and strategies for improving their performance."

Much like Mark Roberts in *The Boy Question* (2022), the idea of pushing students to strive for high expectations, while not being wholly unrealistic, is a very important idea. He posits that it is important to not allow reluctant students to have an 'out' to push responsibility aside, while simultaneously respecting the lived experiences and history of each individual student.

I believed it to be telling that

How does attribution theory reconcile claims that ability is stable (and therefore static or

"The main findings of mindset interventions are compatible with principles of attribution theory.

I believed it to be telling that even within the article by Graham, there seems to be a

	unmovable) with overwhelming research and literature promoting the benefits and results of growth mindset programs?	Students who are trained to endorse an incremental theory of intelligence (ability is unstable and controllable, much like effort) will have more positive outcomes when they encounter academic challenges than will students who endorse an entity theory (ability is stable and uncontrollable).	disconnect surrounding the idea that ability is static. Completely opposite to the ideas of growth mindset put forward by Carole Dweck and others, I strongly disagree that ability and knowledge are not fluid constructs that can be developed and grown over time.
Dweck, C.S., Dixon, M.L., & Gross, J.J. (2023) "What is Motivation, Where Does it Come From, and How Does it Work?" In Bong, M., Reeve, J. & Kim, S., <i>Motivation Science</i> (pp. 5-9). Oxford University Press. https://doi.org/10.1093/oso/9780197662359.003.0001	Do the personality traits espoused by Dweck et al. arrive more so due to goal choices which have been completed, or in those where success/ completion was not experienced? Would one carry a greater influence than the other long- term?	"As people develop, then, they build a repertoire of need-fulfilling goals and the means to achieve them. Over time, their pattern of goal choices and goal pursuit may become more recurrent, characteristic, or 'traitlike' and may become what we might call their personality—their characteristic ways of thinking, feeling, and acting."	Developed personality traits are formed by the successes and failures that individuals experience. Expectancy-value theory would argue decisions surrounding what tasks to pursue would be shaped by perceptions of possible success, and as such could lead to personality shaping and development, while achievement theories would simultaneously focus on both achievement as well as avoidance, and how those processes could form individual's personas as well.
	How dramatically can internal, external, or a combination of both stimuli augment a learner's perception/drive to achieve mastery in an 'approach-based' achievement model?	"We suggest that both internal and external stimuli can heighten or dampen the representations of these candidate goals based on the costs and benefits of each; that is how much we value that goal, how salient it is to us at that	In an achievement model, I believe that intrinsic forces would play the most significant role in mastery-approach, while extrinsic forces would be most impactful in performance-avoidance situations. By maintaining the parallels of positive

		moment, and how easy or hard it	reinforcement with mastery, and
		will be to achieve."	negative reinforcement with
			performance, it would push most
			learners towards a mastery
			model if given the choice.
Roberts, M. (2022) The Boy	How do educators balance giving	"Praise for successful	This is a difficult prospect to
Question: How to Teach Boys to	positive feedback to reluctant	performance on an easy task can	entice reluctant learners to
Succeed in School. Routledge.	learns to motivate, as compared	be interpreted by a student as	participate in a meaningful way,
	to giving praise on insignificant	evidence that the teacher has a	while not diminishing the efforts
	tasks and thereby reinforce lower	low perception of his or her	of others around them. As such, I
	learning expectations?	ability. Consequently, it can lower	believe there needs to be a
		rather than enhance self-	balance that acknowledges the
		confidence Imprecise praise is	effort put forward of said
		also unhelpful. Research indicates	learners, while attempting to
		that inconsistent and vague	have these students continue to
		reward strategies leave students	grow and meet the high
		feeling confused and uncertain	expectations that need to be in
		about what they did to receive a	place.
		reward."	
	What is the balancing point	"In the battle against male	I feel that the line between
	between academic autonomy for	academic demotivation, 'control'	academic autonomy, and
	students, and particularly male	is a key word. When dealing with	complete independence in the
	students, and continuing to	low-confidence boys who fear	classroom will be dependent on
	motivate them to strive for	failure, we need to instill a feeling	each individual student. Referring
	academic growth and	that they can influence their own	back to the TARGET framework
	achievement? How do educators	outcomes and shape their own	put forward by Elliot et al., the
	promote independence, while	academic destiny. Remind them	letters G,E, and T will carry a huge
	simultaneously keeping high	of how far they've come when	amount of significance. Upon
	expectations for their students?	boys begin to taste success and	giving students autonomy on
		appreciate the progress they've	what they are working on, it
		made, they start to buy in to the	should be balanced with pre-
		idea that they have control over	determined <u>G</u> roup settings that
		how far they'll go in your	lend to success, clear criteria on
		subject."	how <u>E</u> valuation will take place

	and adequate allotment of <i>Time</i>
	to complete said tasks. If these
	are conducted routinely and
	consistently, I don't feel that it is
	unrealistic at all to promote
	content mastery within the
	classroom.

References

- Dweck, C.S., Dixon, M.L., & Gross, J.J. (2023) "What is Motivation, Where Does it Come From, and How Does it Work?" In Bong, M., Reeve, J. & Kim, S., *Motivation Science* (pp. 5-9). Oxford University Press. https://doi.org/10.1093/oso/9780197662359. 003.0001
- Eccles, J.S., & Wigfield, A. (2020) "From expectancy-value theory to situated expectancy-value theory: A developmental, social cognitive, and sociocultural perspective on motivation." *Contemporary Educational Psychology* 61, 1-13. https://doi.org/10.1016/j.cedpsych.2020.101859
- Elliot, A.J., Hulleman, C.S. (2017) "Achievement Goals." In Elliot, A.J., Dweck, C.S., Yeager, D.S. (Eds.), *Handbook of Competence and Motivation:*Theory and Application (pp. 43-60). Guilford Publications.
- Graham, S. (2020) "An Attributional Theory of Motivation." *Contemporary Educational Psychology* 61, 1-11. https://doi.org/10.1016/j.cedpsych.2020.101861
- Hattie, H., Hodis, F.A., Kang, S. (2020) "Theories of Motivation: Integration and Ways Forward." *Contemporary Educational Psychology 61, 1-7.* https://doi.org/10. 1016/j.cedpsych.2020.101865
- Heckhausen, J., & Heckhausen, H. (2018) "Motivation and Action: Introduction and Overview." In J. Heckhausen & H. Heckhausen (Eds.), *Motivation and Action* (pp.1-14). Springer International Publishing. https://doi.org/10.1007/978-3-319-65094-4_1
- Krapp, A. (2002) "Structural and dynamic aspects of interest development: theoretical considerations from an ontogenetic perspective." *Learning* and *Instruction* 12, 383-409.
- Pajares, F. (2001) "Towards a Positive Psychology of Academic Motivation." *The Journal of Educational Research* 95(1), 27-35. https://www.jstor.org/stable/ 27542324

- Pedrotti, J.T. (2017). "The Will and the Ways in School: Hope as Factor in Academic Success." In M.W. Gallagher & S.J. Lopez (Eds.), *The Oxford Handbook of Hope* (pp. 107-116). Oxford University Press. https://doi.org/10.1093/oxfordhb/9780199399314.001.001
- Renninger, K.A., & Hidi, S.E. (2022) "Interest development, Self-related information processing, and practice." *Theory Into Practice* 61(1), 23-34. https://doi.org/10.1080/00405841.2021.1932159
- Roberts, M. (2022) The Boy Question: How to Teach Boys to Succeed in School. Routledge.
- Ryan, R. M., & Deci, E. L. (2019). "Brick by brick: The origins, development, and future of self-determination theory." In A. J. Elliot (Ed.), *Advances in Motivation Science* (pp. 111–156). Elsevier Academic Press. https://doi.org/10.1016/bs.Adms.2019.01.001
- Ryan, R.M., & Deci, E.L. (2020) "Intrinsic and extrinsic motivation from a self-determination theory perspective: Definitions, theory, practices, and future directions." *Contemporary Educational Psychology* 61, 1-11. https://doi.org/10.1016/j.cedpsyc.2020.101860
- Wigfield, A. & Eccles, J.S. (2000) "Expectancy- Value Theory of Achievement Motivation." *Contemporary Educational Psychology* 25, 68-81. https://doi.org/10.1006/ceps/1999.1015
- Urdan, T., Kaplan, A. (2020) "The Origins, Evolution and Future Directions of Achievement Goal Theory." *Contemporary Educational Psychology* 61, 1-10. https://doi.org/10.1016/j.cedpsych.2020.101862